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**Volunteer Name: Ahuva Bar**

**Country: Ethiopia**

**Country project: ET71**

**Host: Sebeta Nunnery**

**Venues: School**

**Audience: 8<sup>th</sup>. – 10<sup>th</sup>. Grades girls.**

**Number of people trained/assisted: 27**

**Date/duration: 01/09-23/2016. 11 days**

**Others: Recommendations to the**

with



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## 1. Assignment Objectives as in SOW

Leadership

Personal goal setting

Communication skills



## 2. Achievement of the assignment objectives

Encouraged the girls to engage in various activities that were new to them in order to promote leadership, individuality and goal setting.

Created a new hobby of coloring as a method of relaxation in time of stressful tests.

Provided guidance concerning adjustment to new situations and ways to overcome failures.



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## 4. Anticipated Impact

The relaxation method of coloring will be adopted also in the nunnery art and craft center.

Empowering the girls to monitor changes and enjoy it.

Encourage more cultural diversity acceptance.



## 5. Recommended future volunteer Assistance

Group and individual counselling for girls in need.

Training for the nuns in leadership, communication skills according to age groups.

Teaching: coping skills, anger management, risk taking, interview skills and conflict resolution.



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***Thank You!***